

Curriculum Overview: Forest School/ Curriculum Based Outdoor Learning

We want our pupils to:

- Explore and engage with the natural environment through hands-on experiences that build confidence, resilience, and practical life skills.
- Connect learning to real-world contexts by taking part in meaningful outdoor activities that encourage curiosity, independence, and problem-solving.
- Develop a deeper understanding of the natural world and our place within it through regular, immersive experiences in nature.
- Build skills that support future learning and careers, such as teamwork, leadership, and environmental awareness, through outdoor exploration.
- Experience the outdoors as a place for personal growth, where challenges and successes help develop emotional intelligence and self-awareness.
- Discover the value of nature-based learning in everyday life, linking forest experiences to sustainable living and community engagement.

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Cycle A	Forest School Foundations	Habitats and Mini Shelters	Seasonal Detectives	Campfire Cooking	Woodland Art	Forest Guardians
Cycle B	Tree Detectives	Survival Skills	Navigation and Mapping	Forest Storytelling	Water and Wetlands	Forest Festival Planning
Cycle C	Wild Citizenship	Tools and Woodwork	Wildlife Tracking	Mindfulness in Nature	Eco-Engineering	Legacy Project